

# ZOË VAN MOURIK

EQUINE TRAUMA & BEHAVIOR SPECIALIST

### PERSONALIA

Halseweg 28 7021 HV Zelhem Nederland 06 10608978 zoevanmourik@gmail.com

### SKILLS

young horse handling – stallions – behavioral problems – problem solving – ground work – tackless riding – liberty groundwork – English and Western riding – reschooling – trailer/loading - rehabilitating – coaching energy healing - wild & feral horses - trouble shooting - energy & shamanic healing

## CAREER SUMMARY

### Owner

House of Horsemanship | Zelhem GLD | Feb. 2020 to present

- Training, Courses, Events
- Starting educational study \*current
- Paddock Paradise / Neuro-Rehabilitation

### House/Ranch Sitter

Freedom Ranch Equestrian Connections | Pearblossom CA | July 2022

- Managing ranch & animals
- Training horses

### Trainer

Love This Horse, Equine Rescue Inc. | Mojave CA | July 2022

- Rehabilitating feral horses
- Training horses

### Owner

Zoë van Mourik, Equine Trauma Specialist & House of Horsemanship | Zelhem GLD | Feb. 2020 to present

- Lessons, Clinics, IET & ET, Shamanism
- )Neuro)Rehabilitation & Training

### **Head Trainer**

Love This Horse, Equine Rescue Inc. | Mojave CA | Jan. 2020 to Oct. 2020

- Overseeing training of 20+ horses
- Training and rehabilitating rescued and feral horses
- Matching horses to adopters
- Working with seized horses (ASPCA, Sherrif's Office, shelters and other rescues)

### NH Instructor, Trainer & Handler

Freedom Ranch Equestrian Connections | Pearblossom CA | Jan. 2019 to Oct. 2020

- NH lessons (groundwork and riding) to beginning, intermediate and advanced riders
- NH Demonstrations
- Handling horses on set
- Training of lesson horses
- Taking care of the ranch and 20+ animals for several weeks

### **Trainer**, Volunteer

Wild At Heart Horse Rescue | Palmdale CA | Apr. 2017 to Oct. 2019

- Overseeing training of 30+ horses
- Training and rehabilitating rescued and feral horses
- Matching horses to adopters
- Working with seized horses (ASPCA, Sherrif's Office, shelters and other rescues)



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### Assistant

Silver Horse Retreat | San Diego CA | Sept. 2019

- Assisting during an off-grid, 7-day Nature/Horse Constellation Retreat
- Taking care of horses on location
- Helping and assisting participants during Constellations sessions

### Trainer, Foster

Community Effort Animal Rescue | Palmdale CA |Apr. 2017 to Oct. 2020

- Fostering shelterdogs
- Training and rehabilitating of rescued dogs
- Matching dogs to adopters
- Working with a feral horse

### Owner

Stal van Mourik | Zelhem, GLD | Jun. 2007 to Apr. 2017

- NH lessons (groundwork and riding) to beginning, intermediate and advanced riders
- Boarding and training of horses
- Rescuing and rehoming of horses

# EDUCATIONAL TRAINING

### Inner Joy Coaching

Energy Therapy Practitioner

- Akashic Records 2021
- Pendulum 2017 & 2021
- IET Advanced 2021
- IET Intermediate 2018 (USA)
- IET Basic & Pets 2017 (USA)

### Silver Horse Retreat

Shamanic Journeying

- Animal and Human Soul Retrievals 2021
- Spirit Guide Retrievals 2020 (USA)
- Animal Guide Retrievals 2020 (USA)

### Online Courses

- Professional Accredited EFT Diploma Course
  Tapping To Heal (by Dr. Karen E. Wells)
  2017
- The Neuroscience of Reframing (by Anette Prehn) 2018
- NBA Meet your brain: a short introduction to neuroscience (by Gregory Caremans) 2019
- Swirlology: Reading Horses' Faces (Mara Fiedler) 2019
- Life Coach (Civas) 2020



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### OTHER:

• Buck Brannaman 2019 | Clinic Spectator

• Alycia Burton 2019 | Clinic Spectator

• Oscar & Cristobal Scarpati 2019 | Clinic Spectator

• 3L Ranch / Maurice Thibault 2017 - 2019 | Parelli Student